

INTERNATIONAL NEEDS CANADA

DISCOVERY TOUR

January 26 - February 8, 2026

Zambia and Kenya

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WELCOME TO THE TRIP OF A LIFETIME!

International Needs Canada invites you on a unique Discovery Tour to Africa that combines breathtaking sights with meaningful encounters. Alongside unforgettable experiences such as wildlife safaris and the awe-inspiring Victoria Falls, the heart of the journey lies in meeting the children and families supported by International Needs and our local partners. Visiting homes, schools, and communities, you will be welcomed with warmth and stories that few visitors have the chance to experience, making this a journey of both adventure and deep connection.

ABOUT ZAMBIA & KENYA



Zambia, a landlocked country in south-central Africa, is known for its breathtaking landscapes, the Zambezi River, and the iconic Victoria Falls. While copper mining drives much of its economy, agriculture and tourism also play vital roles, with Lusaka serving as the nation's political and economic hub. Home to over 70 ethnic groups, Zambia is rich in cultural traditions of music, dance, and community life. Despite its natural and cultural wealth, Zambia faces challenges such as poverty, and limited access to healthcare and education, especially in rural areas.



Kenya, in East Africa, is celebrated for its diverse landscapes, from the Great Rift Valley and sweeping savannahs to Mount Kenya and the Indian Ocean coastline, as well as its world-renowned wildlife and national parks. Agriculture, tourism, and services drive the economy, with Nairobi serving as a key political and commercial hub. Home to more than 40 ethnic groups, with the Maasai among the most well-known, Kenya is culturally vibrant. Yet many families, especially those in Nairobi's slums, face the harsh realities of poverty, exploitation, and limited access to education and safety.

DISCOVERY TOUR ITINERARY

January 26 - February 8, 2026



MONDAY JAN 26

- Overnight travel

TUESDAY JAN 27

- Arrive in Lusaka
- Lodge at Protea Hotel Lusaka International Airport (1 night)

WEDNESDAY JAN 28

- Flight to Solwezi Airport
- Check in at Royal Solwezi Hotel (4 nights)

THURSDAY JAN 29

- Spend the next two days visiting the ZACTS projects run by International Needs Zambia

FRIDAY JAN 30

- ZACTS School

SATURDAY JAN 31

- ZACTS School

SUNDAY FEB 1

- Flight to Livingstone
- Check in and lodge at AVANI Victoria Falls Resort (3 nights)

MONDAY FEB 2

- Tour of Zambian side of Victoria Falls

TUESDAY FEB 3

- Chobe River Cruise
- Tour of the Zimbabwean side of Victoria Falls

WEDNESDAY FEB 4

- Flight to Nairobi
- Lodge at the Homecare Retreat Centre (3 nights)

THURSDAY FEB 5

- Go to Bella Ciao community centre to see the Real Hope and Joyful Hearts programs

FRIDAY FEB 6

- Morning: visit the Giraffe Centre
- Afternoon: visit the Limuru Bible Clubs

SATURDAY FEB 7

- Visit Kazuri Beads and Karen Blixen Museum
- Travel back to Canada (stopover available in Amsterdam)

SUNDAY FEB 8

- Arrive in Canada

OPTIONAL SAFARI ADD-ON

February 7 - 13, 2026

SATURDAY
FEB 7

- Overnight in Nairobi

SUNDAY
FEB 8

- Charter flight to Keekorok Airstrip
- Check-in Encounter Mara Safari Camp (3 nights)

MONDAY
FEB 9

- Masai Mara National Reserve

TUESDAY
FEB 10

- Masai Mara National Reserve

WEDNESDAY
FEB 11

- Travel back to Nairobi by vehicle driving through the Rift Valley

THURSDAY
FEB 12

- Charter flight to Wilson Airport
- Transfer to Jomo Kenyatta International Airport
- Return flight to Canada (optional stay over in Amsterdam)

FRIDAY
FEB 13

- Arrive in Canada



MORE ABOUT THE PROGRAMS YOU'LL BE VISITING



ZACTS SCHOOL - ZAMBIA

The ZACTS School for Orphans and Vulnerable Children supports hundreds of students by providing education, learning materials, healthcare, and nutritious meals. Beyond its educational programs, ZACTS also runs a farm on its property, producing vegetables, raising livestock, and cultivating fish.



REAL HOPE - KENYA

Real Hope runs a drop-in centre for 128 children and a safe house for 40 children who need temporary shelter from abuse. The program provides nutritious meals, health care, mentorship, psychosocial support, and hygiene care; through sponsorship, they are able to go to school.



JOYFUL HEARTS - KENYA

Joyful Hearts is a community-based rehabilitation program for children with cerebral palsy. They focus on physiotherapy, feeding assistance, hygiene care, social interaction, and other developmental services. The program also raises awareness to reduce stigma around cerebral palsy in the community.



HEMOCARE - KENYA

Homecare supports orphans and vulnerable children in Limuru and Kibera Slum by addressing their physical, social, and spiritual needs. This includes child sponsorship, day clubs, food hampers for vulnerable families, life skills and academic clinics for youth and parents, and child and teen camps.

TRIP INFORMATION

ABOUT INTERNATIONAL NEEDS CANADA

International Needs Canada is a global non-denominational Christian development organization that promotes health, nutrition, education, and community development. Our programs include child sponsorship, schools, feeding programs, healthcare, clean water projects, and more. Key to the success of these initiatives is a strong partnership with each partner country and ownership of each initiative by the partner country. This trip gives you the opportunity to see the impact your gifts are making in the lives of vulnerable children and families.

TRIP PRICE

The cost for each trip varies depending on location and duration of stay. As you begin planning your trip, this information will be provided to you. Note: Prices are guaranteed only with full payment, as taxes and fuel surcharges can be added by airlines until full payment is received.

PAYMENT SCHEDULE

- \$500 non-refundable deposit is due with your application (per person)
- \$1,500 is due 60 days before departure
- The balance is due 30 days before departure

PRICE INCLUDES

- Scheduled sightseeing and excursions as specified in the itinerary
- Accommodations as specified in the itinerary
- Meals, drinks and laundry as specified
- Scheduled flights as specified in the itinerary
- Private transfers as specified in the itinerary
- Scheduled game viewing activities as specified in the itinerary
- National parks, concession and landing fees where applicable
- Domestic/international departure tax, fuel and safety levies from airports unless otherwise stipulated

PRICE EXCLUDES

- Meals, drinks, and laundry not specified in the itinerary
- Any items of a personal nature
- Sightseeing and excursions not specified in the itinerary
- Flights and transfers not specified in the itinerary
- National parks and concession fees not specified in the itinerary
- Medical, cancellation, and travel insurance
- Travel vaccinations and medications
- Visa fees (we will let you know if visas are required)
- Extra baggage charges (you will be advised about any luggage restrictions for your tour)
- * Tip and gratuities (customary to leave USD\$1/day for housekeeping and USD\$1 for luggage service)

* Recommended tipping on Safaris is:

- Guide: US\$10.00 - 20.00 per guest per day
- General Staff: US\$10.00 - 20.00 per guest per day

TRIP INFORMATION



DOCUMENTATION

- To bring: Travel/medical insurance documents, vaccination records, passport and any required visas, emergency contact information, copies of important documents
- To submit: Signed agreement and release of liability form, completed emergency/medical form



SAFETY PRECAUTIONS

- Photocopies of credit/debit cards that you are planning to bring on the trip
- Two photocopies of the passport identification page, one copy kept with you, one kept at home
- Do not wear flashy jewelry because you are there to see, not to be seen. Keep it simple and keep expensive jewelry at home.



EMERGENCY CONTACTS

- Inform your family and friends if an emergency were to occur they would receive a call from International Needs Canada
- Under no circumstances would we leave a message to call a foreign number or send money to a foreign address
- If there is an emergency in your family and they need to contact you, they are to call International Needs Canada at 905-389-1118



VACCINATIONS

- Please visit your health care provider or travel clinic well in advance of your departure date to receive the required vaccinations and medications for the country(ies) you'll be visiting. Visit the government website for recommended and required immunizations by country.



CANCELLATION POLICY

- Deposits and payments are 100% non-refundable at all times or as stated in the terms provided by the airlines. We highly recommend you purchase cancellation insurance to cover yourself in case of illness to you or a member of your immediate family.



MEDICAL INSURANCE

- Extended medical insurance, beyond your provincial coverage, is required at booking. Cancellation insurance is optional, though a combined plan is usually cheaper. If you don't have travel insurance through your benefits provider, we can guide you in securing the right coverage.



RESPONSIBILITY DISCLAIMER

- International Needs and the Travel Agent have made arrangements and act solely as agents for such services and cannot be held responsible for the acts or omissions on the part of suppliers. They are not liable for any injury, damage, or default of any firm or person engaged in conveying passengers, carrying out travel arrangements, strikes, war, or any other causes beyond their control.



GIFTS

- International Needs has a strict policy on gift-giving. Many of our trip participants want to bring gifts and other items so they can make a bigger difference in the communities we visit. Thank you for your heart and generosity! However, some gifts can have unintended negative consequences. Therefore, all gifts must be approved in advance.



TRIP INFORMATION



PASSPORT

- You will need a valid passport that expires no sooner than six months after the date of your return. If your passport has less than six months left until expiration, most countries do not allow you to travel. To avoid travel restrictions, we advise you to renew your passport well in advance.



CHILD PROTECTION

- As we will be visiting children, you will need to:
 - Sign and return a copy of our Child Protection Policy
 - Submit a valid police check. Please visit your local police services or submit your request online through www.backcheck.net/inc/



PHOTOGRAPHY

- Always ask permission to photograph people
- When visiting a school or home, ask the adult in charge if its okay to take pictures
- Do not take photographs at airports or any military or police installations



ELECTRICITY

- Consider packing a universal travel adapter, as plugs can vary by country. The most common plug types across Africa, Asia, and Central America are C, D, and G (pictured below). Voltage is typically 220–240 V with a frequency of 50 Hz.



PACKING LIST

- Clothing (see dress code below)
- Comfortable footwear
- Toiletries
- Medications – all medications for personal use need to be packed in your hand luggage in their original containers
- Personal items



CURRENCY

- USD is widely accepted in most countries and can easily be exchanged for local currency at hotels. In urban areas, ATMs are generally available, and most shopping centres, restaurants, and other commercial hubs accept credit and debit cards.



FOOD & WATER SAFETY

- Use caution with tap water, ice, and produce washed in local water, which is often untreated. Do not brush your teeth with tap water. Drink only sealed bottled beverages, avoid street meat, and eat fruits and vegetables only if you can peel them.



DRESS CODE

- Modest clothing is essential:
 - Long pants, capris, or skirts/dresses to the knee
 - No spaghetti straps or revealing tops
 - Customary for women to wear a skirt or dress when attending church
 - Avoid flashy jewelry
- Choose clothing that is light, breathable, and comfortable
- Pack a hat or head cover, sunglasses, closed-toe walking shoes, and a raincoat

