

# SURVIVE & *Thrive*

**SAVING** the lives of mothers and babies in Guatemala & **PREPARING** children to learn and thrive in life.

## SURVIVE



### 1 HEALTHY PREGNANCY

Improve the baby's health and reduce risks by teaching mothers and families about prenatal checkups, prenatal stimulation, and proper nutrition.

### 2 SAFE DELIVERY

Eliminate preventable deaths of mothers and babies by teaching midwives to recognize and deal with high risk pregnancies and deliveries.



## THRIVE



### 3 FAMILY NUTRITION

Improve the physical and mental development of children by teaching mothers and families about breastfeeding and meal planning.

### 4 CHILD STIMULATION

Prepare children for success in school and life by teaching mothers, families, and entire communities about the importance of stimulating children in the first 5 years.



*Children* **HEALTHY**