

GHANA MEDICAL TOUR ITINERARY

October 19-31, 2025



SUNDAY OCT 19

- Arrival in Accra (PM)
- Lodge at Ibis Styles Hotel (hotel can be changed based on team's preferences)

MONDAY OCT 20

- Depart for Central Region Tour (9:30AM)
- Tour Cape Coast and Elmina Castles
- Lodge at Elmina Beach Resort

TUESDAY OCT 21

- Breakfast at Elmina Beach Resort
- Tour Kakum National Park
- Stop at Hans Cottage for Lunch
- Drive to Accra & lodge at Ibis Styles Hotel

WEDNESDAY OCT 22

- Drive to Adidome
- Team Meeting
- Packing and preparations for Clinics

THURSDAY OCT 23

- Nutrition Clinic at Kpogede Community School (KCS)
- Wound care presentation and possible ward round (Hospital is yet to give feedback on wound care proposal. Date and activity remain tentative.)
- Evening Debrief

FRIDAY OCT 24

- General Clinic at KCS
- Wound Care Clinic at Adidome Hospital (OPD consultation and treatment)
- Evening Debrief

SATURDAY OCT 25

- Clinic at CEED
- Wound care Knowledge Exchange with primary health care nurses at CEED
- Cultural Exchange

SUNDAY OCT 26

- Church Service at CEED
- Time at Sogakope Beach Resort

MONDAY OCT 27

- Clinic at Lasivenu
- Evening Debrief

TUESDAY OCT 28

- Clinic at Mepe
- Evening Debrief

WEDNESDAY OCT 29

- Clinic at Kuve
- Evening Debrief

THURSDAY OCT 30

- Clinic (Community TBA)
- Evening Debrief

FRIDAY OCT 31

- Depart from Adidome (8:30AM)
- Shop at African Market
- Freshen up at Ibis Styles Hotel
- Debrief
- Depart for Canada